

[Southside Recreation Informaton](#)

Southside Recreation Game Schedule - Spring 2015 Coming Soon!

[I Love My Rush Coach - Nominate Your Coach Today!](#)

[Southside Recreation Frequently Asked Questions \(FAQs\)](#)

Southside Rec Kings Grant/Bayside/Great Neck Coaches Goal Set-Up/Take-Down Schedule

Southside Rec Kempsville/Red Wing Coaches Goal Set-Up/Take-Down Schedule

[Practice Sessions](#)

[Spring 2015 Parks and Rec Field Authorization Form](#)

[Southside Recreation Kingston Elementary/Brill Field Map](#)

The Virginia Rush offers playing experiences for U4 through U12 players in the City of Virginia Beach as well as the surrounding Hampton Roads Community. Players are able to play in both fall and spring seasons or just one season. Fall registration begins in May; the season will start in early September and run through November. The spring registration will begin in December; the season will start in March and run through May. We do accept late registrations on a space available basis.

Season Begins: March 21st, 2015

Season Ends: May 16th, 2015

Age Group	Age Range	Number of Players per Field
U4 Coed	8/1/10-9/30/11	3v3
U6 Boys & Girls	8/1/08-7/31/10	3v3
U8 Boys & Girls	8/1/06-7/31/08	4v4
U10 Boys & Girls	8/1/04-2/31/06	7v7
U12 Boys & Girls	8/1/02-7/31/04	8v8

Players that are older and do not fall into the U12 age range cannot play in the Recreational program. Virginia Rush offers an Advanced Development program for players U9 - U18. Please visit the Advanced Home Page for more information.

Virginia Rush offers three ways to register:

- 1) The preferred [online registration](#). Payment options include mail-in check or online credit card (Visa or MasterCard).
- 2) Onsite registration is held semi annually at the Virginia Beach Sportsplex. Information on registration weekends will be posted on the Virginia Rush website prior to registration dates.
- 3) Walk-in registration can be completed at the Rush office. The Southside office is located at 2181 Landstown Rd., Virginia Beach, VA 23456 (Monday - Friday) from 9:00am to 4:00pm.

Rush Recreational Contact:

The Recreational Administrator's whose duties include, but are not limited to, the formation of teams, overseeing field operations, program scheduling, and communications with the developmental program participants. All questions or difficulties concerning team formation or schedules should be directed as follows:

Southside - Corri Dillon

E-mail - corri@varush.com

Office Phone - 757-430-3500

Fax Number - 757-430-8895